



6 Ways to Simplify: Intentional Screen Use

May 7 | Mark and Ann Hagerott

WARM UP

1. Did your family watch TV or listen to the radio together growing up?
2. What stood out to you in this week's message?

DIG IN

3. How do you feel about emerging technology, reflecting on the *Three Realm* model in the sermon. (hint: Mark suggested dividing our world into 3 realms: Human-nature centric, Machines-robotic centric, Cyber Space-social media centric).
4. Have you experienced restlessness or anxiety because of technology/social media?
5. Do you find it easier to interact with social media than with real people in the same room? Do you find it difficult to be still and listen for God's voice?
6. Data shows that social media feeds you what you want to see and leads to isolation. On the other hand, how has involvement in church and/or community group improved your thinking, relationships, or personal growth?

DIGGING DEEPER (EXTRA CREDIT!)

7. Read John 1:14. What does the movement of God from heaven into a human body and rural village say about God's desire for real, physical relationships with us... and *for* us?
8. Read Hebrews 10:24-25. How has technology use and addiction made this passage more important for believers today than ever before?
9. How did you do on the technology assessment? Did you decide to create a media covenant as a family or as an individual. Why or why not?



Series: *6 Ways to Simplify*
Title: Intentional Screen Use
Speaker: Mark and Ann Hagerott

- Have you set up an automatic giving plan to “automate the important”? We’re here to help!
- Learn about Surprise Covenant Partnership: [Surprisechurch.com/Partners](https://surprisechurch.com/Partners)

Use this space for notes and reflections: