



## *Moving Monsters | Faith Reflex*

October 23 | Matt Anderson

### **SEMESTER WEEK 5 FOCUS:**

- 1) Encourage members of your group to go to [surprisechurch.com/grow](https://surprisechurch.com/grow) and take the Spiritual Growth Assessment on that page. Once this is completed, they can print out their results page, along with the Plan To Grow form on the above webpage, where they can plug in their growth areas and begin making a plan for growth. If members are willing, have them share what they learned during an upcoming meeting. Remind the group to pray for and encourage each person as they create and implement their spiritual growth plans.
- 2) Reflect together on the experience of sharing communion together (refer to the Leader Packet for guidelines if you haven't done this yet. Discuss how often your group would like to share the Lords Supper and plan accordingly.

### **WARM UP QUESTIONS**

1. Did you ever go through an "awkward" phase in your childhood? How did you adjust and get through it (If you're still in it, let us know and we'll keep you in prayer!)?
2. What stood out to you in this week's message?

### **DIG INTO IT!**

3. Why do you think humans "forget" God when problems or fears arise? Why does faith often serve as my last resort rather than my first reflex?
4. Read Judges 7:1-7. What important point(s) you pull from this passage and write in a journal?
5. How can "nuggets" like the above points become fuel for your prayer routines?

### **WRAP UP**

6. As we approach this year's Generosity Party, why do you think that so few people pray about their finances?
7. After hearing this message, how do you want to update your prayer/Scripture rhythm to make faith a reflex rather than a last resort?



**Series: *Moving Monsters***

**Title: *Faith Reflex***

**Speaker: Matt Anderson**

Last week: Mustard Seed Faith...

Forgetful: How to make \_\_\_\_\_ my first step, not my last resort.

How we remember things:

Scripture & Prayer Rhythms:

Generosity Party: [SurpriseChurch.com/GenerosityParty](http://SurpriseChurch.com/GenerosityParty)

Pictures of God's Greatness:

Judges 7:1-7

*Journal it:*

1. When you have \_\_\_\_\_, you hope in *it* instead of \_\_\_\_\_.
2. \_\_\_\_\_ with God beats \_\_\_\_\_ without Him.

*Now pray it over...*

*Filament Bible & Reset Book*

Spiritual Growth Assessment: [SurpriseChurch.com/grow](http://SurpriseChurch.com/grow)

Faith Reflex: Plan to \_\_\_\_\_.