



Good Questions | How do I deal with guilt?

May 15 | Matt Anderson

WARM UP

1. What is your top priority for this upcoming summer season?
2. What stood out to you in this week's message?

DIG IN

3. What does Jesus mean when inviting us to become like children in Luke 10:15. Is this an invitation to make a messes? Play with toys? Throw tantrums? Be irresponsible? Live selfishly?
4. How does the rich young show himself to be the opposite of the children Jesus calls us to imitate (Mark 10:17-27)?
5. What are the two ways that we tend to deal with guilt? Why do we do this?
6. Guilt can drive us toward despair or into God's arms. Why do some choose the former while others choose the latter?

WRAP UP

7. Read Mark 10:27 one more time. What have you felt guilty about? Do you believe that *your* guilt is God's job and do you let him do it?

EXTRA CREDIT

Read I Corinthians 15:6-10.

- Why did Paul see himself as undeserving of the title "apostle"?
- Why might God have chosen to work through a person with extreme guilt?
- Guilt can be a great motivator. Would Paul have been able to more or less of an impact if he would have held onto his guilt?



Series: *Good Questions*
Title: *How do I deal with guilt?*
Speaker: *Matt Anderson*

1) RSVP for our Volunteer Night at Jimmy V's: SurpriseChurch.com/serve

2) Join the *Joy10 Generosity Experiment* or *New Giving Resolutions*
Text either JOY10 or GIVE to 701-380-8210

How do I deal with _____?

I _____ something important.

I am a _____.

Mark 10:13-16. Be a _____.

How we TEND to deal with guilt (Matt 10:17-27)

-self-loathing:

-Self-justification:

Guilt has the power to...

Mark 10:27

Guilt is God's _____...

IF we...