



## *Is Love Dead? | Love Lets Go*

Feb 20 | Pastor Matt Anderson

### **WARM UP**

1. What is your favorite song and why?
2. What stood out to you in this week's message?

### **DIG IN**

3. Share some lessons learned after taking the *Spiritual Growth Assessment*. How can this group help you as you implement (or finish) your *Plan to Grow*? Let's try to finish ours by next week.
4. What are enabling and codependency? Why is it important to "let go of the rope"?
5. Read Luke 10:38-42. What would it have looked like for Martha to "detach" from Mary's decisions and claim responsibility for her own?
6. How can one wrongly interpret Mark 8:34-35 as calling for unhealthy sacrifice? What is Jesus really saying?

### **WRAP UP**

7. The inability to detach from others comes with low self-esteem. We feel responsible for their feelings and behavior because we desire their approval and don't feel worthy to hold them accountable. Have you ever struggled with this? How are you doing in this area today?

### **EXTRA CREDIT**

#### **Read to Galatians 2:19-21.**

- What does it mean to have been crucified with Christ?
- How does this text help us to understand Mark 8:34-35?

#### **Read Romans 12:1-2**

- What does it mean for us to sacrifice in light of Jesus' ultimate sacrifice for us?
- If Jesus sacrificed once and for all for the world's sins, why does God call us to sacrifice at all?



**Series: *Is Love Dead?***  
**Title: *Love Lets Go***  
**Speaker: *Matt Anderson***

**Surprise Spiritual Growth Assessment:**

SurpriseChurch.com/Grow

Test GROW to 701-380-8210

Mark 8

Deny myself? Lose my life?

Kate & Jon: We can sacrifice the wrong things...

Enabling

Codependency

Rescuer > Persecutor > Victim

Mary the Victim (Luke 10:38-42)

Detachment

Let go of the rope

Mark 8 paraphrased

The Gospel says: