



## Soul Food | Psalms 103:1-5

June 9 & 13 | John Pope

### WARM UP

1. What do you do when you feel down or feel like giving up?
2. What stood out to you in this week's message?

### DIG IN

3. Read Psalms 103:1-5. What is the context of Psalms 103:1-5?
4. What are some of the benefits of God? Why is it important of not forgetting the benefits of God?
5. Why is this passage worth memorizing?

### WRAP UP

6. How do you feel about memorizing the weekly passages in this summer teaching series? Talk about any oppositions that you can apply scripture to.



**Series: *Soul Food***  
**Title: *Psalms 103:1-5***  
**Speaker: *John Pope***

When I played football \_\_\_\_\_

A PEP-TALK \_\_\_\_\_

Psalms 103:1-3 \_\_\_\_\_

Who is he talking to? \_\_\_\_\_

Psalms 103:4-5 \_\_\_\_\_

Right now \_\_\_\_\_

Your next opponent \_\_\_\_\_

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