



Warm Up | Who's Holding Your Hands

August 19 & 23 | Pastor Matt Anderson

WARM UP

1. How did your parents handle stress or adversity when you were young?
2. What stood out to you in today's message?

DIG IN

3. Read Exodus 17:8-14. Why would God decide to work through Moses' uplifted hands rather than simply make Israel win the battle? What was God teaching them and us?
4. Read Exodus 18:7-26. Why did Jethro recognize a problem that Moses couldn't see? What does that say about how we can best see and fix our "blind spots"?
5. Why was Moses eager to write and keep a record of the battle and make sure that Joshua (Moses' replacement) heard what really happened?

WRAP UP

6. Who have you invited to hold up your hands? How has this helped you?
7. Do you sense any internal resistance to committing to a Group or Team? Where might that be coming from?



Series: Warm Up
Title: Who's Holding Your Hands
Matt Anderson

M & M Challenge: Submit your guess on our Church App (Text SURPRISE APP to 77977)

-Your guess _____

Deep conflict in politics & church: _____ vs. _____

Exodus 17:18-13 (Wednesday)

Exodus 18:7-26 (Sunday)

Who's Holding Your hands?

Who's speaking wisdom into your life?

Lori Layton (Wednesday)

Sheila Herman (Sunday)

Don't choose between bad options:

-Government

-Isolation

M&M's average:

Exodus 17:14 | *Make sure Joshua hears*

Who's Holding Your Hands?

-Click Community Groups or Serving Team on the Surprise App

Download our Surprise App

Text SURPRISE APP to 77977.

Join a Surprise Group

Text GROUPS to 701-380-8210.

Take the Serving Survey

Text SERVE to 701-380-8210.