



The Battle Within | Choose Contentment

July 1 | Matt Anderson

WARM UP

1. What was your favorite breakfast cereal growing up?
2. What stood out to you in today's message?

DIG IN

3. Why are people more likely to take responsibility for their physical odor than for the odor of their attitude?
4. Paul writes Philippians 1:3-6 from prison, to readers that had issues with humility and contentment. How would he have written the letter if he would have allowed his circumstances to govern his attitude? Would the letter to the Philippians even exist today?
5. Paul writes Philippians 4:7 sitting next to a prison guard. Why do you think he used that image to describe grateful prayer?

WRAP UP

6. Describe Paul's secret in Phil 4:12-13. Share a circumstance in your life that you would like to apply this wisdom.



Series: *The Battle Within*
Title: *Choose Contentment*
July 1, 2020

Choosing not to stink...

- 1) Thank God for _____. (Philippians 1:3-6)

- 2) Gratitude _____ your heart. (Philippians 4:4-7)

- 3) Choose your _____. (Philippians 4:8-9)

- 4) Paul's secret for contentment in all circumstances

Phil 4:13 | *I can do...*

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