



Faith is a Team Sport | How We Grow

May 31 | Matt Anderson

WARM UP

1. What jumped out to you from this week's message?
2. Share your APEST inventory results from [Fivefoldsurvey.com](https://www.fivefoldsurvey.com)? Any surprises?

DIG IN

3. According to Matt's message, what did Michael Jordan and the Bulls do to become a better team? How did this change made Jordan a better player even if he scored less points?
4. Reread Ephesians 4:7-13. Explain how Jesus' gift to the church is people and their APEST callings.
5. Compare the "web" style of human growth from this week's message to the more linear model. Which has been your understanding of growth up to this point?

WRAP UP

6. Of the five levels of APEST growth, where do you see yourself and what is your next step? Is there any inner resistance you need to deal with?
7. Which of the three growth environments are you most familiar with? Which do you need more exposure to?

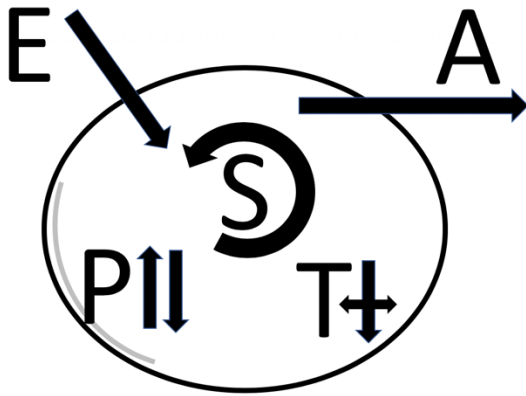


Series: Faith is a Team Sport
Title: How We Grow
May 31, 2020

This week's Scripture: Ephesians 4:1-13

Lesson learned by Michael Jordan and the Chicago Bulls:

Understanding APEST Functions



APEST "web-like" Growth



Levels of APEST Growth

- 5. _____
- 4. _____
- 3. _____
- 2. _____
- 1. _____

3 Environments for Growth

- Content
- Apprentice
- Immersion

2 steps to take:

1. Take the inventory at Fivefoldsurvey.com to discover your APEST giftings and learn how you can grow.
2. Talk about with a Community Group (text GROUPS to 701-380-8210 to get connected).